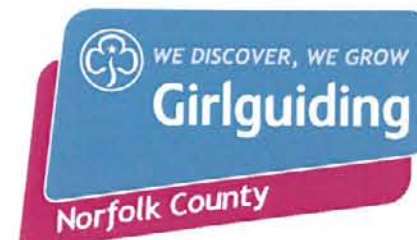




# The Blue sheet



Norfolk's guiding news

October 2018



*Photos from:*

1st Hellesdon Rainbows  
4th Norwich Rainbows  
27th Norwich Brownies  
1st Toftwood Brownies  
1st Cringleford Guides

For any enquiries or if you are interested in joining Girlguiding Norfolk please contact our County Office:

Girlguiding Norfolk County Office, Eaton Vale Activity Centre, Church Lane, Eaton, Norwich NR4 6NN

Tel: 01603 502590 ♦ Email: [office@girlguidingnorfolk.org.uk](mailto:office@girlguidingnorfolk.org.uk) ♦ [www.girlguidingnorfolk.org.uk](http://www.girlguidingnorfolk.org.uk)

Deadline for January issue: 1st December 2018; email article and photos to: [bluesheet@girlguidingnorfolk.org.uk](mailto:bluesheet@girlguidingnorfolk.org.uk)

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*Inside this issue:*

NORJAM ♦ Suffragettes in Court

Royal Norfolk Show ♦ ARC News

Lord Mayor's Procession ♦ GoGo Hares

Summer Trips & Residentials



## I am delighted to be writing to you all as your...

...new County Commissioner. My first impression on reading the articles and looking at the photographs in this Bluesheet is WOW, WOW, and more WOW! What a summer you have all had. There is so much going on, so many opportunities for the girls and all made possible by a great team of dedicated and enthusiastic Leaders. I hope we can all work together to make even more opportunities and memories and have fun along the way.

So, just a little bit about me. I have returned to Girlguiding Norfolk after a break from guiding. I am retired from the Civil Service and live on the coast near Mundesley with my husband David and Rosie, our Golden Retriever. I have two grown up children and two gorgeous grandchildren - Darcy who is nearly 3 and Finley who was born in February. Previously, I was a Brownie Leader in Thorpe Marriott, PR Adviser and Division Commissioner for Wensum. As Assistant County Commissioner during the Girlguiding Centenary I had the honour and privilege of leading the team that delivered Seaside Sparkle in Great Yarmouth in September 2010. For those of you who were not in guiding at that time, this was our County event to mark the Centenary, attended by over 4000 girls and Leaders. Seaside Sparkle was most definitely my guiding 'mountain top' moment. Who remembers the pink sparkly buckets and that concert on the beach?

Looking forward, GGN Trustees and I want to hear what **you** want from guiding - both in your local area and from the County. I am interested to hear about what is working well, what needs improvement and what is not working at all. We will all have the challenges associated with launching and embedding the new programme - look on that as an adventure we are undertaking together. Sharing what works and what does not work is key. Do talk to each other and make use of the social media channels we have in the County. And above all, make good use of the trainings that will be running across the County.

I am also keen to get out and about and meet as many of you as I can so do let me know if you have anything special taking place - or even if there is just tea and cake on offer! I can be contacted via County Office or my email - [norfolkcc@girlguidingnorfolk.org.uk](mailto:norfolkcc@girlguidingnorfolk.org.uk)

Finally, I am sure you would like to join me in thanking Pat Pinnington for the hard work she and her team have dedicated to Norfolk over the past five plus years. I hope Pat is now enjoying a well earned rest!

*Christine Martin*



## Thanks and farewell...

At the final of NORJAM's Got Talent Pat Pinnington was thanked for her hard work as County Commissioner for Girlguiding Norfolk as she finishes her role after five years at the helm. ACCs Pam Tancock and Linda Watkinson were on stage to surprise Pat and she was presented with flowers by Daisy Chase (1st Gayton Guides) and Eve Edgar (Mulbarton Senior Section).

The presentation was followed by three rousing cheers from the audience which included Pat's daughter Melanie and granddaughter Emily, who had been secretly sneaked into NORJAM. The presentation was a complete surprise to Pat; it was quite a feat to keep it under wraps as most of the rest of NORJAM knew!



*Don't forget to share your guiding news with the rest of Norfolk.*

We look forward to hearing about autumn and Christmas activities for the next issue!

Email text and photos to: [bluesheet@girlguidingnorfolk.org.uk](mailto:bluesheet@girlguidingnorfolk.org.uk) - Check photo permission first!

Please try and send high resolution pictures if possible!

## Suffragette Project: Forward Sister Women

Guides and Senior Section from Dereham, Gayton, Sheringham and Old Catton found themselves fighting for the right to vote in Norwich this summer as part of a Suffragette project led by local theatre-in-education company Springboard East and funded by the Heritage Lottery Fund.

The project, called 'Forward Sister Women', kicked off with a residential weekend at Patteson Lodge where the girls discovered the story of Norwich-born Suffragette Miriam Pratt from newspaper archives. Activities included role-playing a protest march, learning Suffragette songs, baking shortbread biscuits and decorating hats and sashes in the Suffragette colours of purple, green and white.



A few days later the girls bravely assembled at Norwich Castle, some having travelled in costume on the bus to the Shirehall courtroom at Norwich Castle to participate in a dramatic public re-enactment of Miriam's 1913 trial for arson. In true Suffragette style the Guides waved banners and interrupted proceedings with a rendition of their protest song 'Forward Sister Women'.

The project reached a dramatic finale when the Suffragettes stormed the 'NORJAM's Got Talent' contest stage!

The Guides dubbed the residential project 'brilliant' and were inspired by what they learned, concluding:

*"We need to carry on fighting. Girls can do anything".*

*"I have been inspired so much by these incredible women. They are no longer just historical figures. The workshop truly brought them to life".*

*Helen Green, County Archivist*



There will be another public performance of the trial on November 10th at 2.30pm as part of Norwich Castle's Suffragette Day.

Do come along to that event.





## Toftwood News

1st Toftwood Brownies have been doing a good deed to help put smiles on the faces of members of the local community.

The Brownies were asked if they knew what a random act of kindness was, with one girl saying 'it does what it says on the tin'. It is doing something kind for someone you don't necessarily know, to brighten up their day. With that in mind, the Brownies each planted 2 marigolds, with a special poem included.

In other news, 18 Brownies enjoyed a 2.5 hr GoGo Hares trek around Norwich during the summer holiday and managed to find 27 hares in total. They had a great time and loved posing with each hare. One of the Brownies designed the leveret for their school (Scarning Primary School), even managing to include a picture of a Brownie in the design! The weather was really nice, not too hot. We had lots of positive



They were instructed to leave them on neighbours doorsteps.

Hopefully this will show the local community the good deeds that young people can do.

comments from the public too with some people saying how they used to be a Brownie and how well behaved the girls were.

Katie Theobald, 1st Toftwood Brownies



## Happy 50th Birthday

4th King's Lynn Brownies recently held a 'Golden' themed holiday at the Bidwell Centre to celebrate their 50th birthday. Also celebrating half a decade was Banham Zoo and on a day trip there a photo opportunity with a giant '50' cake was too good to miss!

We had a brilliant time at Bidwell Centre despite the heatwave and the thunderstorms and all came home happy but tired.

Vicki Fletcher, 4th King's Lynn Brownies



## Guides and Scouts win Bonds Challenge Cup at RNS

Over 40 volunteers from Girlguiding Norfolk and Norfolk Scouts joined together over two days of the Royal Norfolk Show to provide enjoyable and challenging activities for everyone. All of the hard work was well worth it when we were awarded the Bonds Challenge Cup for the most effective and well laid out exhibit by a charitable or voluntary organisation.

The theme this year was Our Coast, Wellbeing and Field to Fork. With this in mind we

decided on a variety of activities for visitors to take part in.

As usual, Scout Daffy was very popular with his paracord bracelets, some young people come back year after year to add to their collection.

There was the chance to try Panning for Gold, using sand and water to detect tiny gold beads.

Circus Skills proved a draw, with even the visiting Police having a go on the PoGo sticks.

Eaton Vale was represented again with their mobile climbing wall and that and the portable caving were again popular.

Feely boxes containing a variety of weird shaped fruit and vegetables were a big draw and quite a challenge for some!

Our volunteers were again amazing, encouraging young visitors, engaging with the public and handing out 100's of stickers.

Many hot drinks and countless cold drinks were dispensed over the two days by the happy band of Trefoil Guild volunteers; their tea in a 'proper' china cup is part of a routine stop off for many.

Special mention must go to Rangers, Louise, Emily, Natasha, Abi, Kyra, Lauren and Ella and their Explorer Scout counterparts who camped over and worked

tirelessly through the heat. Some of them even managed a cameo appearance on TV before the ITV regional weather that evening!

Sadly the team was missing one key element this year. Mary Jackman, a stalwart of the Royal Norfolk Show team, died in May. We dedicate our success this year to her memory.

Linda Watkinson,  
Assistant County  
Commissioner





## Dersingham Guides head to Paradise

The start of the summer holidays saw 1st Dersingham Guides head to Hautbois Activity Centre for a 'Paradise' themed camp. This year's camp had a twist, as instead of sleeping in tents, the Guides stayed in the Reedcutter's Village area - wooden shepherd huts with bunk beds inside!

The girls still enjoyed traditional camp activities, despite some less traditional sleeping arrangements; they made washing up stands using poles and bamboo canes, cooked on wood fires, collected water and toasted marshmallows.

The first afternoon saw a visit to the ARC, where the girls explored, finding out all about the centre and helping unwrap items ready for cataloguing.

We were very lucky to be shown an extract from a Division Commissioner's Log Book detailing her visit to 1st Dersingham Guides in December 1948, when Mrs Stanton and Miss Spaxman were Captain and Lieutenant. The report said she talked to the Guides about St Andrew's Day and the Olympic Games.

A big thank you to Helen and Aileen for a fascinating afternoon!

We had the chance to dress up in 1940s camp dresses; learning how to fold the tie in the correct way.

We also enjoyed some of the adventurous activities provided by Hautbois. The girls took part in Orienteering, Archery, Canoeing, Crate Stacking and Bridge Building.

During Crate Stacking and Bridge Building, where teamwork is vital, it was great to see the girls helping and supporting each other.

We would recommend Bridge Building to everyone - the girls took on responsibility and they had to work together to help each other construct the bridge. As Leaders, we found it very interesting watching the girls interact and combine ideas to get a result everyone was happy with!

There was also a day trip into Wroxham on the Bure Valley Railway, where the girls were able to visit the shops, feed the swans and enjoy a picnic lunch in brilliant sunshine.



In between activities and trips, there was time for crafts, games and a Paradise-inspired campfire with grass skirts, flower garlands and fruit cocktails.

All the Guides and Leaders had a fantastic four days.

*Elizabeth Wheeler,  
1st Dersingham Guides*



## Brownies go 'Wild' at Bewilderwood

The Brownies and Leaders of 2nd Dersingham Brownies took advantage of the hot weather by enjoying a day at Bewilderwood; the outdoor tree-house adventure park near Wroxham. Despite the warm weather, the Brownies were always on the go enjoying a boat ride on the scary lake, crafts in the big top and a picnic lunch under the trees. They spent their time climbing and exploring all the different mazes and tree-houses and sliding down the slides... many times! There was also time for ice cream and a visit to the gift shop. It was a very exhausting, but enjoyable day.

*Lynne Wheeler, 2nd Dersingham Brownies*



## Church Farm Rare Breeds Centre Outing

1st Dersingham Rainbows had a wonderful summer outing, spending a glorious sunny day at Church Farm Rare Breeds Centre at Stow Bardolph. The Rainbows were able to get up close to animals, making friends with sheep, goats, chickens, rabbits and lots of pigs of all sizes.

They enjoyed a tractor ride around the estate and were able to feed two pigs called Lily and Ruby - names shared with three of the Rainbows!

There was also time throughout the day to rush around the play area with its climbing frames, trampolines and mini tractor driving course as well as the

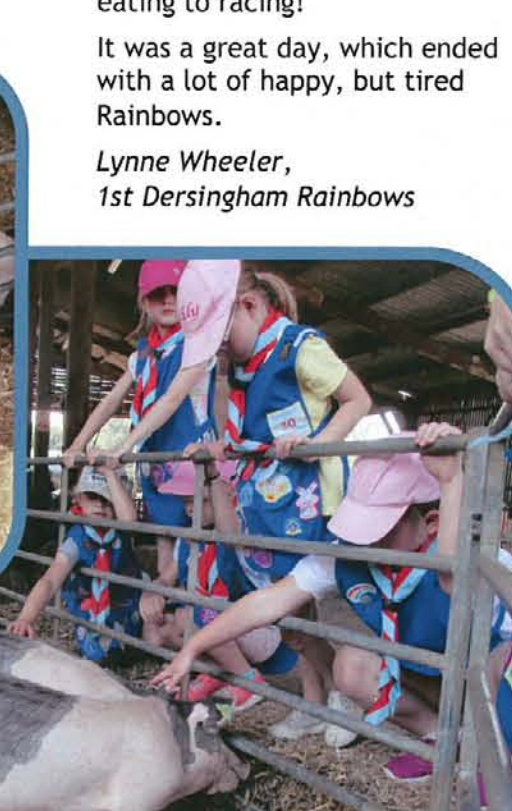
indoor area with slides and even more climbing.

In between meeting the animals and playing, the girls had a picnic lunch and an ice cream.

The day ended with the Pig Racing Grand National, although the pigs did prefer stopping and eating to racing!

It was a great day, which ended with a lot of happy, but tired Rainbows.

*Lynne Wheeler,  
1st Dersingham Rainbows*





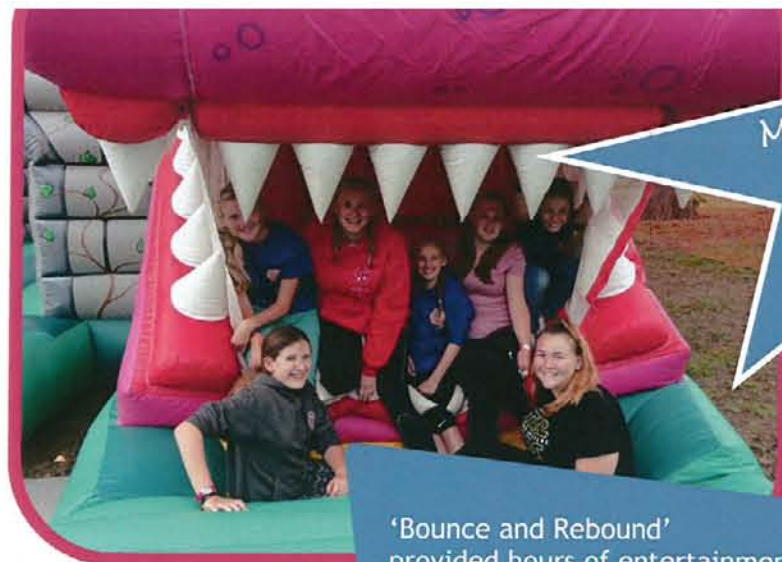
## Guides and Scouts go back in time during decade themed Jamboree

Guiding and Scouting fever hit the Norfolk Showground once again in August, when NORJAM returned. Local, national and international groups gathered to transform the showground from an empty field into a hub of activities, friendships and celebrations. With a central theme of 'through the decades' the subcamps explored every era from the 40s through to the 00s. Each subcamp also had its own themed entrance, evening activities and competitions.

Throughout the week participants, leaders and volunteers were all given the opportunity to visit a variety of areas - from the returning *activity fields* offering archery, crate-stacking, caving, go karts and zorbs, to the *craft warehouse* where every craft imaginable was possible - sock puppets, woggle making and soap carving to name a few! There were also some new additions to NORJAM 2018 including *Bounce and Rebound* (see photo) and *boardwalk arcade* which simulated pier amusements such as hook a duck and hoopla. There was even a regular Punch and Judy show!

That's not all! NORJAM even managed to bring a Circus bigtop and fairground onto site for the week - every subcamp was able to watch the Happy Circus Show which included juggling, plate spinning and aerial hoop. The fairground offered a ferris wheel, dodgems and waltzers and provided hours of both laughs and screams from excited Guides and Scouts.

For the older participants, there was also an opportunity to take part in a BP adventure day in which a variety of Bear Grylls-style survival skills were demonstrated and taught - from building a shelter to starting a fire.



'Bounce and Rebound' provided hours of entertainment on a variety of inflatable castles, courses and challenges.

Alongside the organised activities there was a huge choice of open activities available throughout the week with a variety of challenge badges on offer, the soft rock cafe tirelessly serving smoothies and milkshakes as well as JamFM Radio and the Jamboree's very own newspaper 'The Norticle' keeping everyone up to date with daily weather reports, birthday messages and photos from throughout the week.



Younger members of Guiding and Scouting were also invited to take part in the NORJAM magic during the Cub and Brownie day. Following a space theme, the day allowed young members the chance to experience some of the activities and crafts on offer and hopefully inspire future NORJAM participants!

Sadly, the week has to come to an end, but it did so with great style. All subcamps dressed up ready for the closing ceremony with costumes ranging from Elvis to the Teletubbies! During the ceremony video and photo highlights were played across big screens, there was plenty of live music and dancing as well as a firework display to close the jamboree.

Thank-you to all the leaders and volunteers for the hard work put into such a marvellous event. Roll on NORJAM 2022!

Emily Oxbury,  
2nd Thorpe Senior Section.





## Wrap it up...!

So, no sooner than Kate, our new Preservation and Collections Officer, got her feet under the desk, she was challenging us about our collection, which seemed in need of freezing! The archive has been on site in the ARC for two years and whilst bug catchers are in location, and temperature and humidity readings are taken twice daily, starting the 'bug battle' was a huge step. We did know it had to be done though and it seemed to make sense to do it soon so everything was pristine to be placed on our new roller racking! It seemed we had to agree to beginning this 'HOOJ' task!

We ordered special sheets of acid-free paper, polythene to wrap the parcels in and rolls of parcel tape. How much, how many - we really had no idea... Our initial order of 1000 sheets became 4000, a roll of paper became two and one heavy roll of polythene sheeting became three. Great opportunity for bargaining - who'd have guessed! Six rolls of tape didn't go far - in the end we used about 36!!

Kate prepared a training session and guide and we did a shout-out for volunteers. The task began on 14 May with the second wrapped load leaving the ARC on 11 June. Wayne, the 'freezer man' at Gressenhall said he had never seen the freezer so full in one load or so many individually wrapped items. He said we were doing it correctly, i.e. freezing everything to ensure we kept our items bug-free. Over the period of packing we didn't find any evidence of living bugs, but there were plenty of dead beasties!

The packages will be stored in the freezer at Gressenhall Museum, built to freeze the East Runton woolly mammoth, at -30° for a week before slowly returning to room temperature. They will then be returned to the ARC where we will decide how to store them on the new racking ensuring they are kept in pristine condition. New items will be quarantined to ensure they are 'safe' before being accepted.

We estimate we packed approximately 2,500 items - we are sorting out the data!. There were hours and hours of work put in by lots of volunteers, members of all sections, Commissioners, husbands, friends, and unsuspecting visitors! This project has been funded by Heritage Lottery Fund and we are very thankful to all the players; however the most valuable part of this has been the time everyone has put in, and of course we couldn't afford that bill - what all you volunteers do for us is priceless.

Huge thanks to everyone for an amazing, unique achievement. How many people have the opportunity to be on a team working towards such an aim! Fabric, wood, blankets, hangings, hats, badges, flags, neckers, uniforms, boats and signs, all tissue-wrapped, poly wrapped (our new word for this is plasticated) and sealed, having removed as much air as possible, and all recorded and numbered so we could find again later!

Helen Green, County Archivist



"Do I really have to wrap this rag / duster - or the remains of it?! Are you serious?"



"Reminds me of the 80s when I worked at M & S and learned to wrap - still a useful skill - revisited!" from our best wrapper!



"I actually quite enjoyed my day and would like to come and visit again".



## NORJAM Visit for Mile Cross Brownies

What a fab day 25th Norwich Brownies had at NORJAM 2018. Seven of our unit were lucky enough to be part of the stage team and we thoroughly enjoyed watching them perform Grease on stage.

As a unit we joined in the many space themed crafts and activities offered during the popular Cub and Brownie day. We loved seeing what we have to look forward to in four years time when we will be Guides!

Maureen Hamis, 25th Norwich Brownies



## Twit, Twoo...

6th Norwich Rainbows recently enjoyed a visit from the 'Hoot' community who came to talk to the girls about owls.

Rainbows learned a variety of owl facts about eye colour, diet and weight. After using kitchen rolls on their eyes to learn what it's like to be an owl, the real treat was holding one!

Michelle Ward, 6th Norwich Rainbows





## GoGoHare Designer

There was a great sense of fun as Elmham Guides hunted the GoGoHares on a Thursday evening in July, as we met up with numerous other Brownie, Guide, Cub and Scout groups all rushing around doing the same.

One of our younger Guides - Holly - won the EDP competition to design a hare. Our picture shows us with Holly - seated second from the right - grouped around 'Holly Hare'. Her hare was pride of place outside the Archant building at the top of Rouen Road, number one on the trail map.

The hare includes some of Holly's drawings as well as work from a professional artist based on her design. We are all very proud of her.

*Marion Morgan, Elmham Guides*



## Willow Hare meets GoGoHare

One evening in July Cringleford Guides visited Norwich in search of the GoGoHares trail 2018. Starting at the cathedral we managed to find 10 hares on the route before stopping at Pull's Ferry, Girlguiding Norwich Headquarters, and having a photoshoot with our very own willow hare (made by the Guides and Leaders as part of Norfolk Scouts GoGoHares Challenge), doesn't he look great!

We also made hare portraits from natural materials, made a pallet bug hotel for Keswick Campsite and played some Hare-themed games!

*Mitch, Claire and Sarah  
Leaders,  
Cringleford Guides*



## Well Done Sarah!

In the April edition of The Bluesheet we reported that Cringleford Guide Leader, Sarah Cullum, was completing the London Marathon - here is her update...

*"I did it! it was hot and busy but I completed in 5 hours 5 minutes and raised over £3250 for Cystic Fibrosis Trust. So happy and grateful to everyone who supported me".*

## Attleborough News

As the summer term drew to a close, girls from 2nd Attleborough Rainbows and 3rd Attleborough Brownies took advantage of the outdoors!

At the end of June they visited Eaton Vale to enjoy climbing and raft building for the Brownies and grass sledging for the Rainbows. At the start of July they enjoyed their annual walk around the Great Ellingham Teddy Festival to see the array of bears on offer. The girls found it particularly tricky to decide on their favourites - eventually going for Beargee jump, Princess Bearlestia and Libearian.

*Kathryn Donald, Attleborough District*



## Congratulations Sandra!



Over 100 people packed into Diss Corn Hall to celebrate local volunteers at South Norfolk Council's Community Awards.

Sandra Savory of 1st Alington Brownies, was awarded a 'Special Recognition Award' by BBC Radio Norfolk presenter Nick Conrad for her services to the community.

Sandra has dedicated her life to being a Guide and Brownie Leader to ensure that others enjoy Guiding in the same way she did as a little girl.

Sandra kindly donated her £250 award to 1st Alington Brownies, so they can continue having fun!

*Yvonne Kemp, Brooke & Loddon District Commissioner*



## New Programme Inspires Aviation Visit

1st Old Catton Brownies visited the International Aviation Academy after Girlguiding's recent announcement about refreshing the programme. As part of this refresh new fun, interesting and exciting badges are available to work on, one of which is an Aviation Badge so we couldn't wait to get started!

On arrival we were shown around the building, talked through its history and exhibits and learned about all the different jobs within aviation which have to come together to make a flight happen.

Most excitingly we were given the opportunity to explore an operational plane which is currently being used by Aviation students. Everyone got to sit in the cockpit and were talked through the many, many buttons and switches by a pilot.

After a few goes at being cabin crew it was time to leave. A great time was had by all and maybe we even have some future aviation careers in our unit!

Catherine Clark, 1st Old Catton Brownies



## Blickling, Bluebells and Beaches

As part of my Queen's Guide Award I recently took four other members of 1st Aylsham Rangers for a weekend of camping. One of the elements of the Award involves completing a residential qualification; basically organising, planning and delivering a camp. Being only seventeen, this was not an easy task. I needed to book the venue, decide on an itinerary, book activities, plan and purchase food, distribute kit lists and complete the relevant forms to ensure the health and safety of all participants. Once the paperwork was done, it was time for the camp!

We arrived at Cromer Sea Scout HQ, our camp for the next two nights and set up our tent. We had practiced the week before

and managed in under ten minutes! To make life more difficult and in preparation for NORJAM 2018 we decided to cook on trangias for the weekend. Once we were used to how long it takes to make a cup of tea, this was no longer a problem and we moved on to our next activity, a Cluedo-inspired 'murder mystery trail' which I had designed around the campsite. This involved finding the letters and rearranging these to find out what, where and who did it!

The following day, after egg bread and bacon cooked on the trangias we got the bus to Aylsham and walked to Blickling to begin a community task. Thanks to Bethan, a wonderful Ranger at Blickling Hall, we were

able to help take apart a wood and wire tree cage, used to protect the bark from grazing animals. It was hard work but rewarding. After lunch, we went for a quick walk around Blickling Hall's stunning bluebell woods and returned to the campsite, where we had some well-earned fish and chips for dinner!

Following breakfast pancakes we planned some camp decorations for NORJAM before striking the tent and tidying the venue.

Overall, the weekend was a fantastic experience (despite the terrible weather!) and was excellent preparation for NORJAM, which we are all looking forward to very much!

Freya Irving, 1st Aylsham Rangers



## Lord Mayor's Procession

On a warm Saturday in July one Rainbow, 36 Brownies, 19 Guides, 14 Leaders, one Young Leader, 11 parents and one sibling in Mile Cross District joined the Lord Mayor's Procession in Norwich. The theme of the event was CIRCUS to celebrate 250 years of circus - our entry was called 'Girls Can Circus'. Olivia's Grandad had a fab time clowning around and making people laugh though he was disappointed when his hooter stopped working! Olivia said, "It was fun but very tiring, I liked Grandad scaring people".

"Lord Mayor's was a wonderful experience for me. Our float was colourful and we waved flags, blew bubbles, hula-hooped and sang along to the music. The best part was seeing people's smiles in the crowd as we walked past singing songs and giving high-fives to small children! The walk was long but we all persevered and made it all the way to the end still smiling", said Willow, 9th Norwich Guides

"It was amazing, I enjoyed handing out the flags and loved the loud music". Elsie, 25th Norwich Brownies.

Honey and Lexi from 31st Norwich Brownies said, "We gave out pens and flags and people put money in our buckets. We sang songs and made new friends with other Brownies. It was a lot of fun and lots of walking".

"It was so much fun, I want to do it again next year!" Ella, 27th Norwich Brownies.

"I liked handing out the flags; everyone was so smiley!" Ophelia, 27th Norwich Brownies.

"It was amazing, so much fun, I loved hearing people cheering and the dressing up was brilliant. I felt really energised at the end!" said Chloe, 27th Norwich Brownies

Also Rainbows and Leaders, dressed as lions, had the honour to ride on an open top bus, especially exciting for Holly and Willow as they made their Rainbow Promise on the top deck!

Poppy said, "it was great, I really liked it saw lots of my friends". Larissa, Lucy and Grace thought it was "absolutely incredible", "brilliant" and "really fun" and Amelie was thrilled to see some of her friends and teachers along the route.

We all agreed it was a brilliant evening, representing Girlguiding, being part of a large fun event and then spotting our pictures in the local newspapers.

Pam Lacey, Girlguiding Mile Cross District

