

This is a trip to Northern Ireland for girls and their leaders.

Fly from Stansted Airport out to Belfast for five days of fun and adventure in Belfast and the surrounding areas. Visit Titanic Belfast, go sightseeing in Belfast, try Gorge walking, visit the Ulster Folk Museum, The Giant's Causeway and much much more!

This event is aimed at leaders who have no travelling abroad licence in order to give them more confidence to take groups away, to give girls more confidence to apply for future opportunities within guiding and most of all to encourage fun and adventure!

A trip to Belfast in Northern Ireland, staying at Lorne House owned by Girlguiding Ulster.

When?

Monday 12 August - Friday 16 August 2019

Who is it for?

Guides and Rangers aged between 13 and 17 with their leader. Leaders to come with four girls.

Cost?

The total cost of the trip is £400. Participants will be required to cover their own costs to reach the coach pick

Deposit of £20 per person to be received by 31 January 2019.

Two further installments of £190 will be due at the beginning of March and the beginning of May.



If you have any questions please email annajohns@btinternet.com

For any enquiries or if you are interested in joining Girlguiding Norfolk please contact our County Office: Girlguiding Norfolk County Office, Eaton Vale Activity Centre, Church Lane, Eaton, Norwich NR4 6NN Tel: 01603 502590 ◆ Email: office@girlguidingnorfolk.org.uk ◆ www.girlguidingnorfolk.org.uk

Don't forget to share your guiding news with the rest of Norfolk!

Deadline for April issue: 1st March 2019; email article and photos to: bluesheet@girlguidingnorfolk.org.uk Check photo permission first. Please try and send high resolution pictures!

BUSheet Norfolk County





Grant for Keswick

New Trainers

Keep the Home Fires Burning

They say time flies when you are having fun, don't they?

As I write this note at the beginning of December, I have been reflecting on the fact that I have been County Commissioner for Girlguiding Norfolk for three months now. That time has certainly gone very quickly. I have been very busy, my ironing pile has grown a lot in that time, but I am loving my new role!

Who would not be proud to be leading a County where so much is happening? Reading in this edition of the Blue Sheet about the wide range of experiences that girls and

leaders have had over the past few months is just jaw dropping. An International trip to Sangam, the NORJAM experience, a 1940s living history camp at Gressenhall, sleeping with sting rays, performing in the moving 'Keep the Home Fires Burning', gaining a training qualification... the list goes on and on. You will be amazed as you turn the pages. Not to mention the fantastic turn out by so many units all over the County on Remembrance Sunday. You all did Norfolk proud that day!

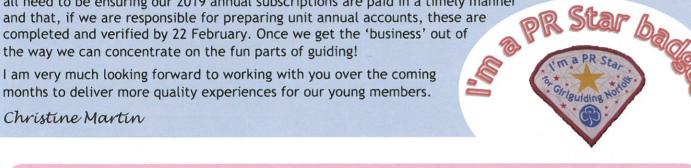
So, I think it is safe to say that guiding in Norfolk is thriving! And for that I thank you. None of it would be possible without our volunteers - all 1800 of you! On that note, anyone who actively promotes Girlguiding Norfolk can apply for an 'I'm a PR Star badge' - they are available now for girls and leaders!

Before I close and wish you a very (slightly belated) happy New Year I would just like to remind you that we all need to be ensuring our 2019 annual subscriptions are paid in a timely manner and that, if we are responsible for preparing unit annual accounts, these are

the way we can concentrate on the fun parts of guiding!

I am very much looking forward to working with you over the coming months to deliver more quality experiences for our young members.

Christine Martin



Invitation to Patteson Lodge New Year's Party

Sunday 27th January 2019, 1.00pm to 4.00pm, Patteson Lodge, Coltishall, £6 per person. Lunch is cottage pie followed by a selection of homemade puddings. See the website for more details.

Name the Hippo!

Patteson Lodge resident Hippo 'no-name', donated by 4th North Walsham Brownies in 2009 has been living unseen in the allotment for years. With flaky paint and moss, Hippo is finally coming out of hibernation to be cleaned and painted and will have a new home on the mound near the sand pit and boat.



Please help us name our Hippo! Send your suggestion, your name, unit, age and contact details by 15th January 2019 to;-Patteson Lodge, 14 Gt Hautbois Road, Coltishall, Norwich NR12 7JN.

A New Hut for Keswick

A dedicated team of volunteers have been actively fundraising for some time to realise the dream of a new residential building at Keswick Campsite estimated to cost £125,000. £30,000 was raised and the Trustees from the Garfield Weston Foundation have stepped in to provide the rest of the funding. Keswick Campsite will now receive £96,000 from the Weston Anniversary Fund so that a new hut with modern facilities can be built. Amazing!



1940s Living History Camp

In August nearly thirty girls and leaders joined together from all over East Anglia for the annual 1940s living history camp at Gressenhall in Dereham. We were fortunate enough to be joined by participants from five different counties, the furthest reach this camp has ever achieved and we were thrilled to have eight participants returning from last year.

This year saw the return of a full week camp and the girls worked hard towards their Home Defence Badge, learning how to care for their gas masks, put out incendiary bombs and even dealing with an air raid at 5.30am. Our new girls worked towards their Tenderfoot, to achieve the 1940s Promise Badge (pictured above) and for the first time our returning girls were able to work towards their Second Class Guide Badge, the next stage in a 1940s Guide's progress. Next year's camp will see the introduction of the First Class Award, the final stage in completing a young Guide's journey to becoming a leader.

The girls hard work did not go amiss with many of the visiting general public commenting on how passionate, committed and well-informed the Guides were and as ever, they were consistently astounded by how much the girls did for themselves (favourite phrases such as 'So where do you actually sleep?'. 'Who set this up for you?', and 'You're not actually

going to skin those rabbits, are you?' were out in full force). Several people said we were the reason they visited the farm

during the Village at War Festival and that visiting our camp and learning about the history of the Guides had been the highlight of their day.

A huge amount of effort goes into this camp every year and it wouldn't be possible without so many people giving up their time. In particular, I would like to thank all the team on Gressenhall farm, who look after us so well, as well as all the parents who work so hard to find the right kit for their daughters and run them around the countryside to be with us. To all the leaders and girls that work so hard all week, this camp would not be nearly as special without you. Finally, thank you to the Girlguiding Norfolk ARC. who share so much of their time, equipment and expertise. It is down to their passion that Norfolk is fortunate enough to have the biggest and most interactive guiding archive outside of London.

We are always looking for new participants and leaders to join our team. Plans are already underway for Gressenhall 2019 - if you are interested email Diana or Helen: archivist@girlguidingnorfolk.org.uk.

Diana Howes, Camp Captain

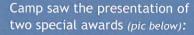












Diana Howes (second from left) received her Oueen's Guide Award and Aileen Beck (second from right) her Trainers Qualification.

CONGRATULATIONS BOTH!









Norfolk's guiding news

Norfolk Leads in Sangam

In August 2018 I had the privilege of leading a Girlguiding Anglia Region trip to Sangam to undertake a community project in Pune.

As with all trips there was lots of planning, infinite amounts of advice and a risk assessment to cover every possible eventuality, except knowing what to pack when it was reported Mumbai was under 4ft of water less than a week before we were due to travel.

Our trip started in a rainy, but not flooded, Mumbai where we spent two days acclimatizing to the noise, smell and traffic of India. We visited Gandhi's political home, Kanheri Caves and we were able to watch the Dabbawala lunch train organise their daily routine. After a four hour train journey to Pune we negotiated our way along the platform, which was beginning to see families settle down for the night, to find the Sangam staff and experience our first journey on a tuk-tuk. This was the scariest yet most exciting experience in India as there appeared to be very few traffic rules. Following a conversation with a local traveller a couple of days later I was informed the rules for the road are the same as in the UK, they just choose to ignore them!

Our 10-day project was organised by Sangam who immersed us in the Indian culture from the first opportunity. After experiencing a blessing for India Day we had the opportunity to visit a local home in order to understand the financial difficulties between the educated and non-educated communities. We were given a 10-rupee challenge in the local ma (f.1 = 80 rupees) and thoroughly en

10-rupee challenge in the local market (£1 = 80 rupees) and thoroughly enjoyed buying our saris. However, the biggest challenge for the entire team was completing the community project.

There were three projects running during our visit, the one I selected was the Tara Green Mobile creche. Six of us spent time with this charity providing activities and games with children from 3-11 years old. This project is truly amazing as it not only focuses on the importance of education but health

and nutrition too. During our visit we experienced the weekly Dr's visit where he checked the health of each child. The children who attended this project were remarkable, even though they spoke very little English and we spoke absolutely no Marthati, they fully engaged in the activities we provided which included making royal crowns and handprinted butterflies.

After the project finished at Sangam we had a 6-day tour to include Jaipur, Bharatpur, Agra and Delhi. As a uniformed group of white females, we gained a lot of unwanted attention at the tourist attractions, particularly at Agra Fort and the Taj Mahal. During this part of the trip we visited some historic sites and learnt lots of information about the history and culture of India yet there is always that one thing that makes the biggest impact on you as individuals. My moment came when we visited Sheroes, a café which relies solely on donations and supports acid attack victims (see picture below).

This was an amazing trip from start to finish and in true Guiding style we all had personal challenges to overcome making all of us stronger, more independent people.

Carin Pratt, Wensum Division Commissioner



Tradition Evening for BP Award

For our Baden Powell Award we had the task of celebrating a tradition with events we'd organised ourselves. Choosing a Harvest theme the Guides came dressed in colours or costumes that represent Harvest, bringing with them food contributions that were later given to Norwich Foodbank who were delighted with the donations. We also organised an apple bobbing competition between all of the Guides and we split them into three groups. Congratulations to group 1! We finished the evening with a talk about Harvest Festival.

Katie and Amber, 1st Old Catton Guides



New Skills Builders

38th Norwich Brownies have been getting to grips with Girlguiding's new exciting programme by trying some of the unit meeting activities and completing skills builders 'Poffoct'

and completing skills builders 'Reflect' stage 3 from the Know Myself theme.
Activities the girls enjoyed most were drawing 'mythical creatures' and creating their own individual DNA from sweets.

All the girls are enjoying the new badges and it has inspired some to start working on interest badges at home.

Sam Hubbard, 38th Norwich Brownies



Page 4 Norfolk's guiding news Norfolk's guiding news Page 5



Journey to Africa to support

October half term saw 2nd Dersingham Brownies 'Journey into Africa' at Hunstanton Methodist Hall for their autumn sleepover.

During the evening the girls created posters about the Big 5, made exotic fruit 'mocktails', painted elephant money boxes and had an indoor campfire.

The girls slept well and after packing away they enjoyed breakfast and games. Everyone had a lovely time.

The theme followed on from a recent Coffee & Cake Evening when the unit raised money for their Young Leader's African volunteering in 2019. Xena is heading to Kenya as part of an African Adventure

Leader's Kenya Adventure

project to volunteer in a school and aid impoverished families. Xena has to raise £2000 and has already completed a tandem sky jump. The Brownies wanted to do something to support her so held a Coffee & Cake evening during one of their meetings. Each six decorated a selection of cakes in the colours of African Adventures and chose a game to run independently on their stall. Of course they all had a chance to play the games and taste a cake before the guests arrived.

The evening was a great success and a grand total of £100 was raised. If anyone would like to donate towards Xena's adventures, they can visit http://www.justgiving.com/ crowdfunding/xena-govett

Lynne Wheeler, 2nd Dersingham Brownies



1st South Walsham Guides Kept the Home Fires Burning in aid of the Poppy Appeal

1st South Walsham Guides travelled back in time to the First World War to give a special performance commemorating the centenary of the Armistice in 1918.

The girls started rehearsing their play, Keep the Home Fires Burning, in September and on Remembrance weekend staged two performances raising around £1300 for the Royal British Legion Poppy Appeal.

The show told the story of a 21st century Guide, Alice, who travelled back in time to meet the women of her village 100 years ago. She learned how they rallied around to help the war effort and kept things going while their men were fighting in France. It was based, as far as possible, on real people and events.

"The Guides enjoy performing and we have many talented girls in our unit," said unit leader Chris Bond who wrote the play after being inspired by the names of 14 men on the village war memorial. "I thought the Guides would

appreciate why we commemorate those men if they knew how it all affected their mothers, daughters and girlfriends - this seemed an ideal way to tell their story through the voices of today's girls."

In the play, which included dance nearby Woodbastwick Hall and

learned how women worked on the land and in factories in Norfolk.

The project, which received grant funding from the Norfolk Community Foundation and the Norfolk Armed Forces Covenant, also involved the Guides in some historical detective work, delving through records, photos and artefacts to find out more about life 100 years ago.

They unearthed evidence that Sunday School children gave up their summer treat to buy presents for serving soldiers - sending them 50 cigarettes each in 1915! They also discovered that, while their particular unit started in 2007, there was a much earlier Guide company in the village - not quite as far back as the First World War, but first set up in 1931.

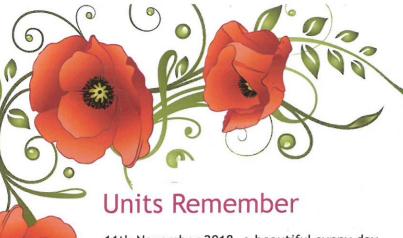
The whole project was supported by county archivist Helen Green and her team at the ARC, who started the ball rolling in the summer of 2017 with a First World War day at Coltishall during the unit's camp.

The Guides joined forces with the South Walsham and District Dramatic Society who directed and staged the play and were helped by grants from their two neighbouring parish councils, Roys of Wroxham, Acle Co-op and Brundall Co-op.

proud of the girls and what they achieved. We all learned so much and raised a fantastic amount of money for a really good cause. Thank you to everyone who helped us."

Chris Bond, South Walsham Guides





11th November 2018, a beautiful sunny day, saw numerous Norfolk guiding units turning out to get involved in services and parades marking this years Remembrance Day.

Mulbarton Guides and Rangers paraded at their Village Remembrance Parade with 1st Mulbarton Rangers wearing replica Guide uniform from 1914. A display had also been put together showing how Girl Guides had helped during World War I.

In Hethersett, 24 Brownies and 12 Guides paraded from Oak Square to St. Remegius Church. A church service followed a 2 minute silence and laying of wreaths by local organisations.

Terrington St. Clement units supported their local Remembrance service with 46 members attending and parading to the memorial. Rainbows had made wreaths at home which were laid during the service. Afterwards girls joined with the community for a cuppa in the Pavillon and Terrington Community Fund unveiled a metal tommy to commemorate 100 years.

Dersingham Rainbows, Brownies and Guides created poppy wreaths which were laid during the church service. Each poppy bore the name of one of the fallen from Dersingham. The girls paraded to the church before the service and again afterwards to the village war memorial for another short act of Remembrance.

Prior to the day Dersingham Brownies had spent an evening turning plastic bottles into painted poppies, which were then given to patients at the Queen Elizabeth Hospital in King's Lynn. Brownie leader Emma Harrison, said: "We know that some of the patients will not be able to attend a Remembrance Service so the girls thought it would be a nice idea to do something for those patients."



Photos courtesy of:

Dersingham Rainbows, Brownies & Guides

Freebridge Marshland Rangers **Gayton Guides**

Hethersett Brownies

Mulbarton Guides & Rangers

Terrington St. Clement Rainbows

& Guides





Wensum Remembers

100 years since the end of WWI; a time for remembering as well as celebrating. Taverham. Costessey, Hellesdon & Horsford and Old Catton Districts came together at the Bob Carter Centre on 10th November 2018 to remember.

Over 150 girls and leaders spent the day on various activities; their first task to put together care packages for current service personnel serving abroad. Each Division's contributions were packed into boxes only weighing a maximum of 2 kgs. 75 parcels were put together and what remained was donated to the local homeless shelter.

Next the girls made a poppy, wrote a personal note and placed it on our graffiti wall. We also remembered the many animals that gave their lives to the war effort and made purple and red poppies for a wreath.

Various stalls taught skills such as sewing a patch and bandaging an injured arm and showed WWI

memorabilia but by far the most popular stall was 'Rationing', where we guessed the weekly sweet limit! We were then given a ration ticket enabling us to purchase the weekly amount we were surprised at how many we were allowed to have!

Revd Margaret from Horsford led our own Remembrance Service where unit flags were displayed and a minutes silence observed. Members of all sections including The Trefoil Guild read poems whilst paper poppies were scattered. The service was rounded off by new County Commissioner Christine Martin reading 'In Flanders Fields'. It was a very girl interactive service and one that will be remembered by all.

We wish to thank everyone that came to this first Division event organised by our new Division Commissioner, Carin Pratt and her team.

Christine Chapman. Girlguiding Taverham District









A Scouting Commendation

Pat Pinnington, outgoing County Commissioner was presented with a County Commissioner's Commendation by Matthew Burrell, County Commissioner for Norfolk Scouts at the recent Scout AGM. He also presented Pat with a paper shredder! We won't ask why!

This award was in recognition of Pat's 'excellent leadership and development of Girlquiding Norfolk as County Commissioner and her great friendship and support to Scouting, not only through our partnerships at Eaton Vale and NORJAM but in day to day operations.



New Trainers for Norfolk and Beyond!

Norfolk leaders, Aileen Beck and Poppy George, have become trainers for Girlguiding. The role. which is a Regional one, requires a good all round knowledge of Guiding, and its policies and procedures, along with an ability to communicate well, share and inspire. There are several modules to complete and each prospective trainer has a Region Tutor to guide them and assess their progress. Aileen and Poppy have already delivered many sessions, both in Norfolk and across the Region, on a wide range of subjects. Poppy has completed her training specialism in social media

uses and techniques. and was presented with her qualification at NORJAM whilst in her subcamp staff role, whilst Aileen, who is in the County Archive Team, has used her training skills to showcase our ARC and its resources, was presented with her qualification whilst at

the 1940s camp at Gressenhall. Region Tutor and County Archivist, Helen Green, presented the badges and certificates.

Poppy said, "I've really enjoyed gaining my Trainers qualification, even though fitting it in around a Level 4 Apprenticeship and completing my Queen's Guide Award was challenging at times! The Trainers Conference and Region Trainers Days are really inspiring and it is great to meet other like minded people! I am so excited about the new programme and can't wait to run some trainings on it."





Interesting...!

Norfolk training team and look forward to meeting you!

4th Norwich Rainbows spent a couple of recent meetings celebrating the Queen's Coronation Anniversary enjoying a variety of activities including dolly peg soldiers, decorating crown shaped biscuits and a horse racing game involving winding string around a pencil with your paper horse attached at the other end. Fastest winder wins! We also learned some random royal facts - did you know in 1974, there was a kidnap attempt on Princess Anne and when asked to leave her car by

the assailant, she said 'Not b*@<*y likely'! Abridged for the Rainbows, obviously!

The creation of a giant royal family tree on the floor of the hall, which linked nicely to promoting one of the new Rainbow interest badges from Girlguiding's new programme, inspired some of our Rainbows to have a go and three of them have recently earned their 'Family Tree' badge! Well done Tabby (pictured left), Camilla and Harriet!

Claire Everson, 4th Norwich Rainbows



Pull's Ferry annual fundraising

Quiz Night

is booked for Friday 15th March 2019 at St. Thomas' Church Hall, Earlham Road, Norwich. 7.15 for a 7.30 start. Teams of 6 - 8 people. £3 per person.

To book a quiz team email pullsferrynorwich@gmail.com

Norfolk's guiding news Page 10 Norfolk's guiding news Page 11

Poppy Line 1940s Weekend 2018

September saw guiding members from Norfolk and beyond meet up to form a company of 1940s era Land Rangers in order to attend the annual 1940s event in Sheringham and Holt; two towns connected by the North Norfolk Railway and affectionately known as 'The Poppy Line'.

Arriving in Holt on Friday the Guides and Rangers, many of who hadn't met each other before, formed mixed Patrols and started to get to know each other. On Saturday morning everyone was transformed back in time to the 1940s. To be smartly dressed was the order of the day: buttoned up shirts under plain jumpers with navy skirts, topped off with a belt, navy beret and neat neckers. Hair plaited, pulled away from faces and clean hands. A memorable moment was discovering someone was missing a shoe!

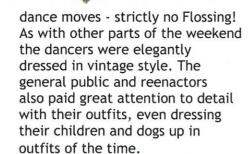
We hoped to catch a vintage bus to Holt Station but it was quite a

wait so we decided to march the mile and a half to the station. We joined in with ticket checking duties and guarded barriers/exits as our service contribution to the event before boarding the steam train to Sheringham and finding a cosy compartment to sit in. Quite a feat with such crowded trains!

POPPY

Once in Sheringham we marched our flags down the high street to the seafront and were stopped plenty of times by the public for a photo opportunity! We enjoyed having our authentic looking packed lunches, with our sandwiches wrapped in paper and string, before completing challenges from the Ranger programme of the time including an investigation task to do at The Mo Sheringham Museum and beach activities. We then travelled back to Holt by steam train and vintage bus, singing songs along the way.

On Sunday we learned some 1940s



We all loved the event and look forward to attending similar events in the future.

Sarah Hawkins, Old Catton District







RATION BOOK









1st Freethorpe Guides at NORJAM

After recently fundraising over £500 and receiving a grant for £650 we were delighted to be able to attend NORJAM International Jamboree with our brand new tents. 12 Guides and 4 leaders attended the week long camp at the Norfolk Showground. With 21 countries in attendance, we knew we were in for a good week!

After a day of setting up camp (and calling in some new friends to help light our gas fridges!) we were ready for the Opening Ceremony. Seeing over 5000 young people and leaders parade into the grand ring in immaculate uniform was quite a special sight. We were then treated to a band who started off the Jamboree in style with everyone singing and dancing - the perfect atmosphere.

The week consisted of every activity you could imagine; zorbing, crafts, abseiling, go karts, archery and clay pigeon shooting. Also on offer was a huge inflatable course, fairground rides, caving, zip lining and a fantastic circus show. It was great to see Stiff and Stilted (stiltwalkers) and i-circus were in attendance and we had great fun learning both skills! The list of activities was endless and we crammed our days full from 9.30am-5pm before heading off in the early evening for more fun!

A choice of day trips was offered, we opted for Colchester Zoo and enjoyed a great day out seeing all of the different animals and feeding the elephants and giraffes!

Friendships were a plenty and we were delighted to be invited over by the Egyptian Contingent for cultural drinks and food one evening as well as watching the International evening on the main stage. Every evening we enjoyed a disco with our friends after, of course, a Soft Rock Café milkshake. Campfire songs, NORJAM's Got Talent and the Last Night of The Proms were among some of the jam packed evenings entertainment.

The middle of the week saw us host the social media team for dinner where we were, as a unit, able to take over the NORJAM Twitter, filling it with lots of selfies and photos of our food!

All too quickly we were back in the Grand Ring for

"I enjoyed making crafts from other countries especially bamboo wind chimes from China"



the farewell ceremony where we watched the winner of NORJAM's Got

Talent and reflected back on the photos and videos from the week which the media team expertly captured. The finale of the week was the stunning fireworks to nothing other than The Greatest Showman music!

Emily, Guide

We had an absolutely fantastic, although tiring, week and we are already counting down the days

to NORJAM 2022 we hope to see you there!

We would also like to thank all of the staff and volunteers who made NORJAM 2018 possible!

Poppy George, 1st Freethorpe Guides

to spend quality time with my

friends during activities and

got to make new friends"

"I loved NORJAM because it was lovely meeting new people from all over the world and we got to try new adventurous and fun activities" Lianne, leader.

Norfolk's guiding news Norfolk's guiding news Page 13

Girlguiding Norfolk heritage project, supported by resources from the ARC.

Page 12

New ARC officer has exciting plans to bring more guiding history to life

Engaging people of all ages with women's history is what makes ARC Learning and Outreach Officer Rachel Duffield super-happy. That's why she's delighted to be working at our Archive Resource Centre,



If you have any questions about events or activities at the ARC please contact Rachel on LOOGGarchives@gmail.com.

an appointment made possible by a Heritage Lottery Fund grant. Her role is to ensure as many people as possible can find out about the fascinating archive from over a century of Guiding history in Norfolk.

A former Taverham Brownie and Guide, Rachel comes to the archive after 12 years working for Norfolk Museums' learning team. Working with all ages of school groups she specialised in costumed character and won two awards for her outstanding contribution to heritage education in the county.

More recently Rachel created fabulous learning activities for the refurbishment of Gressenhall and co-produced the colossal community schools 'Requiem' project, turning Gt Yarmouth World War I stories into music with Orchestras Live and the BBC Concert Orchestra.

"Guiding is a really interesting facet of women's history," said Rachel. "The original Guides and their leaders were such amazing,

Archive Resource entre

unstoppable trailblazers, doing things that women simply hadn't attempted before. Many also supported the suffrage movement and are tremendous role-models for girls today."

Rachel has already started working with the established team of ARC volunteers and in a single day pulled together the ARC's contribution to Heritage Open Days. "I have never met such a hardworking and enthusiastic group - what they have achieved here is incredible," she said. "We have some really exciting plans for future activities."

A number of projects are being worked on including a suite of resources on different Guiding topics for groups to borrow and a programme of one-off events including a large-scale Gang Show reminiscence event for past members, a sleepover for Kids in Museums Takeover day, and 'Afternoon Tea with the Baden-Powells'...

Helen Green, County Archivist

Happy Birthday Hunstanton

A special birthday party in October 2018 celebrated the 30th Birthday of 3rd Hunstanton Brownies. Past and present leaders, assistants and unit helpers celebrated with the current Brownies, who were perfect hostesses and entertained their guests with a short play and singing. Photos and memorabilia were displayed and brought back many happy memories.

The evening also marked the end of 15 years as Brown Owl for Sue, who is going on to a new adventure with Rangers, and welcomed Rebecca as the new Brownie leader. Three girls and Rebecca made their promise during the evening and all guests were given a commemorative badge to mark the occasion.

Past, present and future leaders of 3rd Hunstanton Brownies. Eve Eates, left, Sue Richardson, right and Rebecca Davis, centre.



Girlguiding Gold Awards

Part of the new programme offers Gold Awards for all sections; cloth Gold Award badges cost £1 each with metal badges costing £2.









These are available to order by using the order form found in the forms section under miscellaneous on the Girlguiding Norfolk website.

A Sleepover with Sting Rays

1st Gayton Brownies recently spent their evening at the Sealife Centre, Hunstanton. The adventure started with a tour around the aquarium and a visit to the penguins, otters and seals. Ernie the sea turtle was a favourite and everyone experienced gently holding a corn snake.

The evening finished with the Brownies enjoying hot chocolate

and cookies while watching Finding Dory. Then it was time to get to sleep around the ray and shark tank. Orla said "My favourite part was sleeping around the shark tank" and Kara said "I liked seeing the seals and otters because they look cute".



District Commissioner Elizabeth Wheeler popped in to present Kyra Pugh with her Young Leader Qualification.

Gayton Brownies would like to thank the Sea Life Centre

Parliament Week

During Parliament Week 9th Norwich Guides were challenged to build a passionate campaign on issues they felt strongly about. They designed posters, wrote tweets and presented a 3 minute speech about topics which included mental health, equal rights, the homeless, minority cultures and weapon attacks.

team (especially Matt and Chris) for their hospitality.

Rebecca Thorne, 1st Gayton Brownies

Cheryl Glinwell, 9th Norwich Guides



We want to change the amount of weapon attacks. They are increasing and that isn't a good thing. Help us make a change to many lives. No one wants it to happen to them. Knifes are for vegetables not for people. #UKPW18

NCFC Evening

After learning to play football as part of their sports badge, 38th Norwich Brownies took a trip to Norwich City Football Club and enjoyed a tour of the ground including the press room, dug outs and trophy room.

Ruby said, "who knew that the away team have such rubbish changing rooms!"

At the end of the tour the Brownies received a commemorative goody bag. Definitely a trip I would recommend; my unit loved it!

Sam Hubbard, 38th Norwich Brownies



Norfolk's guiding news Page 14 Page 15 Norfolk's guiding news