

Pull's Ferry Challenge Badge

Pull's Ferry is the Girlguiding headquarters of Norwich and overlooks the beautiful river Wensum. This iconic building was once a 15th Century Watergate and is one of the most photographed houses in Norfolk. The ferry closed in 1943, opening 6 years later as Norwich Guide headquarters.

We've chosen each section because we would like you to learn about the history of Pull's Ferry and the beautiful county of Norfolk whilst having some fun!

Challenge Guidelines

- **Rangers, Leaders and Trefoil Guild:** pick 8 activities (at least 2 from each section).
- **Guides:** pick 6 activities (at least 1 from each section).
- **Brownies:** pick 5 activities (at least 1 from each section).
 - **Rainbows:** pick 1 activity from each section.
 - These are only minimum, do more if you wish!
- If you need to adapt any of the challenges to suit your section, please do so!

Section 1: Water

- Using only materials you would have recycled build a bridge over a paddling pool to hold a small toy or similar. Rainbows could try to keep Olivia dry!
- Do a water based adventurous activity (something you've never tried before). This could be in the water e.g. synchronized swimming or water polo; on the water e.g. wakeboarding or dragon boating or under the water e.g. diving.
- Go crabbing, fishing or newting. If getting to a water source is not viable, you could make your own crabs/fish, attach a paper clip and make a magnetic rod to fish them.
- Make your own paper boat and use them to have fun in your unit. You could race them or hold a competition to see which boat can hold the most pennies.
- Go on a ferry.
- Play pooh sticks.

Section 2: History

- Make a poster about the history of Pull's Ferry and present it to your unit.
- Make a treasure hunt for your unit to do using a 15th century style map.
- Norwich promotes its architectural heritage through a collection of notable buildings called the "Norwich 12". If you are local to Norwich or visiting see how many you can find. Those in other parts of the country could visit them online...!
- Act out some jobs from the 15th century - you could play charades!
- Visit Pull's Ferry, take some pictures and find out how the building is connected with Norwich Cathedral.
- Make a word search for members of a different section using words relating to Pull's Ferry.
- If you are local or visiting, complete the walking trail attached.

Section 3: Cooking

- Cook something using Norwich's famous Colman's Mustard as an ingredient.
- Hold a cake sale, making and decorating your own cakes, and donate the money to charity. You could make or ice your cakes in the shape of Pull's Ferry.
- Make a gingerbread house in the shape of Pull's Ferry.
- Cook and eat something traditionally eaten in 15th century.
- Make a dish using locally sourced food from your county.
- Keep a diary for a week of food you have eaten which has been sourced from Norfolk.
- Norwich has a long association with chocolate manufacture, primarily through the local firm of Caley's. Hold a chocolate tasting evening or use Caley's chocolate to make some yummy truffles.

Section 4: Norfolk

- Learn some of the Norfolk Dialect and speak with others in your unit.
- Norfolk attracts many migrating birds to its shores. Research which birds use Norfolk during their migration and be able to identify them.
- Norfolk is famous for its lavender. Either make a lavender scented bag or create your own lavender essential oil.
- Make a leaflet, suitable for tourists, about some of Norfolk's attractions.
- Find out about Norfolk's links with notable historical figures or celebrities by compiling a list of famous people who were born or lived in Norfolk. Play a game of 'Guess Who' with your unit.
- Norfolk boasts Sandringham House which makes it a Royal County. Visit Sandringham or a stately home local to you and find out if it has links with the monarchy.
- Norfolk is home to many animals who live in differing habitats e.g. Thetford Forest, the Norfolk Broads or Cley saltmarshes. Find out about animal habitats in your area by visiting a local animal sanctuary, sealife centre or reserve.
- Find and complete the Norwich Cathedral Labyrinth (this could be possible online if you cannot complete in person!)



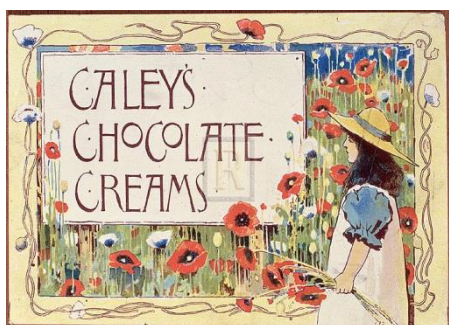
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Information sheet

The website www.wikihow.com/Make-a-Paper-Boat has great simple instructions on making your paper boat as buoyant as possible.

The Girlguiding Norfolk website contains information on Pull's Ferry or you could try Wikipedia or the Norfolk Tourist Board.

The buildings comprising "Norwich 12" are Norwich Castle, Norwich Cathedral, The Guildhall, The Great Hospital, St Andrew's Hall and Blackfriars' Hall, Dragon Hall, The Assembly House, St James Mill, St John the Baptist RC Cathedral, Surrey House, City Hall and The Forum.

Download a great children's walking trail which visits the "Norwich 12" - http://www.norwich12.co.uk/user_files/downloads/the-secret-12-trail.pdf

www.colmans.co.uk includes information on the famous Norwich mustard.

Google 'food in the 15th century' to find a great list of available foods of the era. You could even try and make your own pottage!

Very easy chocolate truffles

This is a very easy chocolate truffle recipe making 60 single truffles.

Ingredients

340g chocolate; 60g butter; 200ml double cream; 50g caster sugar; 2 tablespoons cocoa powder; 2 tablespoons icing sugar

Method

Prep: 15min; Cook: 5min; Extra time: 2hr chilling; Ready in: 2hr 20min

1. Break up the chocolate, chop VERY finely and put into mixing bowl with the butter.
2. Place the cream and sugar in a saucepan, bring just to the boil and remove from heat.
3. Pour the cream onto the chocolate and butter and beat until chocolate melts and mixture is smooth and shiny.
4. Freeze for a few hours, until firm enough to shape.
5. Mix the cocoa and icing sugar together, roll mixture into truffle shapes and dust.
6. Chill until serving, or keep in an air tight container for up to a week.

Wikipedia is a good place to start looking for notable people. Your list could include Henry Blogg, Edith Cavell, Stephen Fry, Anna Sewell, Lord Nelson, Parson Woodforde, Delia Smith, Jake Humphrey, Robert Kett and Matthew Pinsent to name just a few.

The website www.wikihow.com/Make-Lavender-Oil has good instructions on how to make essential oil.



Picture credit: author's own

Picture credit: www.stockphotosforfree.com

Picture credit: author's own

Pull's Ferry walking trail

Start under the Pull's Ferry arch heading towards the Cathedral.

1. What was Pull's Ferry original name?

.....

2. Who does the 'meadow' belong to?

.....

3. What animal can you see at No. 26?

.....

4. The lantern could light up the door at which house number?

.....

5. Which mode of transport is this lane?

.....

6. What is the name of the 12th Century church demolished in 1775?

.....

7. How many archways in the flint wall?

.....

8. Whose memorial statue stands on the green?

.....

Retrace your steps.

9. How many types of herb in the garden?

.....

10. 64 studies which countries art and culture?

.....

Turn left.

11. What type of building was repaired in 1896?

.....

12. Whose royal insignia is on the post box?

.....

You could divert to the cloisters to complete the Norwich Cathedral labyrinth.

13. What number is the odd one out in the clock?

.....

14. Edith Cavell was born where?

.....

15. At Abbeyfield what tops the turret?

.....

16. How many lamps along the flint wall?

.....

Cross the road and continue straight.

17. What year was the Great Hospital founded?

.....

18. How was it previously known?

.....

19. What is the name of the church?

.....

20. Which kings are linked with it?

.....

Cross the road.

21. Who might live at No. 54?

.....

22. How many stars at Nicholas Warns Architects?

.....

Turn right opposite the Red Lion to follow the Riverside path.

23. Which schools were involved in creating the patterns in the brickwork?

.....

Continue along the path back to Pull's Ferry.

Well done – you've completed the trail!



Pull's Ferry Challenge Badge Order Form

We hope you enjoyed taking part in our Challenge.

If you wish to order badges please complete and return the form below. A certificate can also be downloaded, please see template provided.

Contact Name: _____

Unit: _____

Tel. No or email: _____

Postal address: _____

Postcode: _____

Number of badges required @ 75p per badge: _____ = £

P+P (up to 25 badges: £2.00; over 26 badges: £3.00) _____ £

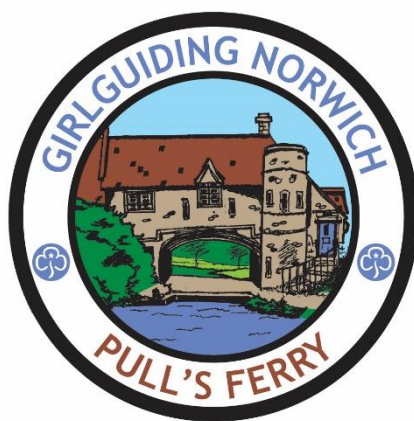
_____ Total: £

Please email pullsferrynorwich@gmail.com and we will advise where you need to send your form.

Please make cheques payable to 'Norwich Division Guides (Pull's Ferry)'.

If you need any help with the challenge, wish to visit the building or hire it for a unit meeting please do get in contact. We also serve refreshments to the public on Saturday and Sunday afternoons between end of May and end of September (2.00 - 5.00pm). If you are local come and visit us or even volunteer your services or the services of your unit for serving teas which helps raise much needed funds to maintain the upkeep of our beautiful HQ.

Contact us by email: pullsferrynorwich@gmail.com



Girlguiding Norwich Pull's Ferry Challenge

Congratulations to

.....
who has successfully completed the Pull's Ferry Challenge

on

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We hope you enjoyed taking part!

Well done!

