

Come and join us at our
PICNIC WITH PROMS
PATTESON LODGE
 COLTISHALL NORWICH NR12 7JN
20TH JULY 2019



PROMS

7PM FOR 7.30PM START

TICKETS £15

BOOK BY 8TH JULY PLEASE - CONTACT
 GIRLGUIDING NORFOLK COUNTY OFFICE BY
 TELEPHONE 01603 502590 OR EMAIL
 OFFICE@GIRLGUIDINGNORFOLK.ORG.UK TO
 BOOK YOUR TICKETS, ARRANGE PAYMENT &
 ADVISE OF ANY DIETARY REQUIREMENTS OR
 ACCESS NEEDS



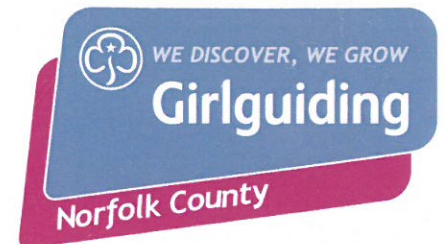
**HOMEMADE 2 COURSE PICNIC INCLUDED
 BUT BRING YOUR OWN CHAIR & DRINKS
 TO ENJOY THE OPEN AIR EXPERIENCE -
 DRESS RED WHITE & BLUE AS WELL AS
 FOR THE WEATHER!**



For any enquiries or if you are interested in joining Girlguiding Norfolk please contact our County Office:
 Girlguiding Norfolk County Office, Eaton Vale Activity Centre, Church Lane, Eaton, Norwich NR4 6NN
 Tel: 01603 502590 ♦ Email: office@girlguidingnorfolk.org.uk ♦ www.girlguidingnorfolk.org.uk

Don't forget to share your guiding news with the rest of Norfolk!
 Deadline for October issue: 1st September 2019; email article and photos to: bluesheet@girlguidingnorfolk.org.uk
 Check photo permission first. Please try and send high resolution pictures!

The
Blue
sheet



Norfolk's guiding news

July 2019



Inside this issue:

Spring Fling ♦ Taverham Gang Show
 WoW Festival ♦ Thank You & Awards Event
 Big Thanks to Pat ♦ Trip to the Capital
 'The Greatest Showman' themed residential

www.girlguidingnorfolk.org.uk



Writing this in early June, you would expect...

it to be sunny and warm. We should all be spending as much time as possible outdoors shouldn't we? Instead it is pouring down with rain and has done so for several days now. Where has the summer disappeared to? Hopefully, by the time you are reading this, the good weather will have returned and you will be enjoying all your summer term activities and looking forward to the summer holidays.

As always, this edition of the Blue Sheet is packed with great stories and fabulous photos that showcase what guiding in Norfolk is all about. I am always amazed at the exciting and diverse activities that are offered to our young people and also our adult volunteers. And what a busy few months it has been judging by all the articles that are included. I particularly like the article about Toftwood Brownies and the wedding shower they had for their leader, Appley Dapply (page 10). What a great idea and what a great name!

Do enjoy the rest of the summer term. Get out of doors with your units and enjoy the longer evenings. I know many of you will be embarking on new guiding adventures both at home and abroad during the summer holidays and others will be taking a well earned rest. Whatever you are doing, have a great summer and come back refreshed to start again in September.

Just a quick plea before I close - please do take five minutes to read the monthly County e-newsletter which is sent out during the first week of each month as that will keep you up to date with what is going on in the County, how to register for events happening in the Autumn and lots of other useful information. There is so much going on you won't want to miss out!

Thank you for all you do for Girlguiding Norfolk.

Christine Martin

PS Do you like the badge I received when I met the Chief Guide, Amanda Medler, a few weeks ago? It was great to hear from Amanda about her vision for Girlguiding over the next few years. And lovely to get one of her special badges!



New Year's Honour for Karen

Karen Goldsworthy, Rainbow leader and District Commissioner for Sprowston was awarded a British Empire Medal for services to education in the Queen's 2019 New Year's Honours list.

Karen joined Sparhawk Infant and Nursery School in Norwich nearly 18 years ago and has remained there as a teaching assistant and school governor.

Karen is also well known to many in Girlguiding Norfolk as the very hardworking and efficient Director of Site Services at NORJAM - the Norfolk Scout and Guide Jamboree held every four years at the Norfolk Showground in Norwich.

Karen's BEM was awarded in May by Sir Richard Jewson, Lord Lieutenant of Norfolk, at the Great Hospital, Norwich followed by a garden party at Buckingham Palace.

Well done Karen, what a fabulous way to start 2019!



A 'Thank You' for Pat!

Guiding colleagues, friends and family members came together in March to say a massive 'Thank You' to Pat Pinnington for her 5-year term as County Commissioner for Girlguiding Norfolk. The venue was Congham Hall Hotel, King's Lynn and the occasion was a surprise Afternoon Tea.

Right up until she arrived at the hotel, it was a secret. Pat just knew she was going out and had to dress up, but she thought she was just meeting a couple of us - not 54! So her face, when she walked into the room, was a picture, she was completely taken aback and lost for words.

After some socialising, tea was served, sandwiches, cheese straws, mini quiche, scones with jam and

cream and lovely cakes, all washed down with copious amounts of tea and coffee.

Following this, Carol Bundock, County President, gave a résumé of Pat's involvement in guiding from when she was a child. This was mainly thanks to information supplied by her daughter Melanie. There were also a few words from Tracy Foster, Chief Commissioner for Girlguiding Anglia.

Pat's youngest granddaughter, Lily, presented her with a bouquet of flowers and a voucher which had been contributed to by every Division in the County.

This was a lovely occasion and a very fitting way to thank Pat for all of her hard work and dedication to Girlguiding Norfolk.



Surprise for Sheena

Sheena Florance, President of Norfolk's Trefoil Guild was surprised and delighted at the Norfolk Scouts Good Service and Top Awards event to be presented with a County Commissioner's Commendation to recognise the Trefoil Guild's many years of support to Norfolk Scouting.

Left to right - Sir Richard Jewson, Lord Lieutenant of Norfolk and Norfolk Scout President, Sheena and Matthew Burrell, Norfolk Scout Commissioner.



ARC Community Reminiscence Event: Taverham Gang Show

The discovery of an ancient VHS recording of a 1989 performance of a Gang Show became the inspiration for the ARC's pilot community reminiscence event.

The 1989 Gang Show was the last of three performed by Taverham Brownies, Cubs, Guides and Scouts in the 1980s. It was an epic achievement at the time; a joint venture between the Guide and Scout communities and the local amateur dramatics club, and across the three runs totalling 18 performances it attracted over 200 young people and leaders to participate as actors, singers, costume makers, make up artists and scenery shifters!

BBC local radio featured a call out for participation, adverts were placed in local publications and posters were displayed around Taverham. We asked participants for two things: to share memories and photos and to join us for an evening reunion get-together event including the screening of the 1989 show, to which they could also bring memorabilia to share.

At the reunion there was a display of memorabilia which invited participants to put names to faces on full cast photos from the old programmes. We also asked them to share their favourite moments from the shows in writing on prepared prompt-sheets.

40 people came to watch the film at the reunion event and several of those brought pieces of Gang Show memorabilia to share. One former Scout leader brought his entire archive and donated those much-sought-after show programmes to the ARC. Thanks go to Norfolk Scouts who were very helpful, hiring us their HQ at no cost and offering to make duplicate DVDs of the film. Enormous thanks also to ARC volunteers who provided a delicious choice of hot food.

Verbal feedback of the event was highly positive. Many personal reminiscences (including those of a couple who had met through the Gang Shows and subsequently married) were captured for the archives. Most people had never seen a film of the show because all original copies were thought to have been burnt in a fire at the former Scout HQ where they had been stored. Until our archived copy was discovered, it was thought no copies remained.

What people said:

"Thanks for a fantastic evening. Great to see the show from the front, as I only saw the backs of people's heads from my position in the chorus!"

"A lovely night, so nice to see this film, so many happy memories."

"Best moment of the Gang Shows? Meeting my husband for the first time - he only came down to make the tea!"

"Best thing about the Gang Shows? Loads of smiles and everyone involved playing their part."

Helen Green, Girlguiding Norfolk County Archivist, said "It's so amazing to find out that our archive holds the only remaining copy of this film and we're delighted to have the opportunity to reconstruct a fuller picture of such a special time from the memories of the participants. We will keep the story of the Taverham Gang Shows safe at the ARC for future generations."

Rachel Duffield, Lottery funded Learning Officer at the ARC, said "Community reminiscence events like this show that history doesn't just happen to 'other people'. We are all part of creating it and sharing it, and the ARC is working hard to ensure that guiding history is accessible to all."



Trip to the Capital

1st Dereham Guides and Dereham Rangers had a great day in London.

We spent the morning in Camden Market exploring the eclectic mix of shops and food before a little sightseeing through China Town to Trafalgar Square, followed by a walk down The Mall to Buckingham Palace and then a stroll through St James's Park.

Dereham Rangers then managed to visit the V&A and Science Museum and the Guides explored the Natural History Museum.

Our older Rangers went off exploring independently, and as promised they went further than Primark and went to see the Olympic Site at Stratford - pretty sure the shopping complex was part of the draw however!

Susan Newton,
1st Dereham Guides and Dereham Rangers



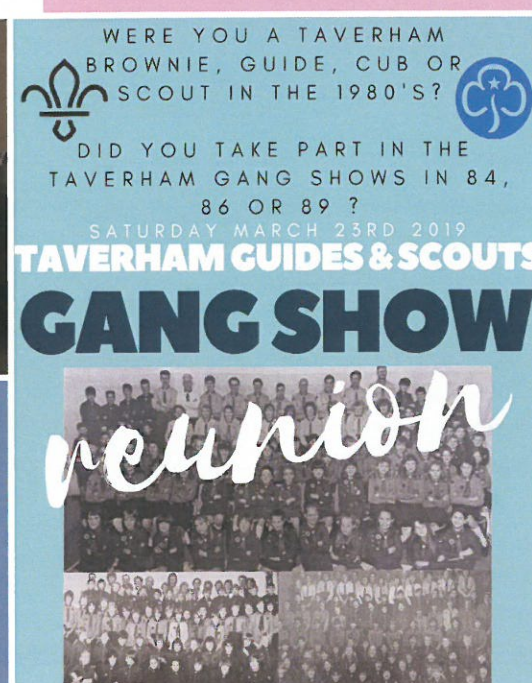
Quiz 'n' Strawberries

Old Catton Guides and Rangers held a 'Quiz with Strawberries' event and raised £270 towards their upcoming trip to the Haarlem Jamborette in The Netherlands.

This was the last in a long line of fundraising events to enable the unit to attend. 16 Guides and 4 leaders will be travelling to the international camp near Amsterdam in July and they will be joined by guiding and scouting members from across the globe.

The quiz was well attended by the local community as well as friends and families of the girls. Susan Morgan, leader, said "It was a fantastic outreach event where we could promote guiding and the opportunities available to guiding members".

We look forward to hearing all about the trip in a future issue of the Bluesheet!



A Facebook page was created and shared to publicise the event which reached 9137 people, of whom 2910 (31.3%) engaged with a post.

Friends of Patteson Lodge

Invite you to

A Campfire Circle

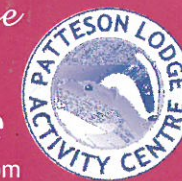
Saturday 3rd August 2019 ∞ 6pm - 8pm

At Patteson Lodge Activity Centre, Coltishall NR12 7JN

Come and have a catch up and sing-song with friends

Cost £3.50 per person to include soup, roll and hot choc, bring own mug and chair

RSVP by 13th July to Gill Bailey, 11 The Lea, Catfield, NR29 5BH. Please make cheques payable to The Friends of Patteson Lodge



Thanks to all our Volunteers!

The end of Volunteer's Week was the ideal time for Girlguiding Norfolk to host its annual Thank you and awards event with Norwich's International Aviation Academy chosen as the venue for the afternoon which saw 140 members in attendance.

There were displays from Patteson Lodge, Hautbois, Eaton Vale and the ARC as well as an interactive table put together by the newly formed STEM team. For those of you who are unaware of the acronym it stands for Science, Technology, Engineering and Maths, something that is very prominent now in schools and in true Norfolk guiding style we are ensuring we keep fully relevant by setting up this new team to deliver some awesome opportunities to our girls. The new team includes an astrophysicist and a plant biologist as well as a wealth of other expertise - amazing! Keep your eyes peeled for a STEM Day for Guides and Rangers in October.

To start the event the audience was treated to a potted version of 'Keep the Home Fires Burning', a play performed by South Walsham Guides originally on Armistice Day 2018. The play was so well received it definitely needed another showing and the abridged story didn't disappoint!

Before enjoying tea and cake, we celebrated the volunteers who were presented with awards and it was lovely to listen to Christine Martin, Girlguiding Norfolk's new County Commissioner, talk about her first 9 months in the role and her plans for the future. We're going to be busy!



Awards presented...

Good Service Badges

- Bev Long
- Alison Sheridan

County Commissioner Commendations

- Carol Bundock
- Freya Elliott-Vince
- Jon Hyman
- Janet Milbank

40 year Long Service Award

- Sue Rivett

Commonwealth Awards

- Molly Andrews
- Jasmine Downes

Bronze DoE & Chief Guides Challenge

- Amelia Pratt

Baden-Powell Awards

- Olivia Camps
- Tinisha Carter
- Rosie Cronin
- Mollie Davis



International Opps Day

The World Association of Girl Guides and Girl Scouts represents ten million girls and young women from 150 countries. Our Guiding world is huge, our guiding sisters are worldwide and international opportunities provide a unique platform to discover more about the diversity of our organisation.

In June Guides and Rangers were welcomed to Eaton Vale Scout and Guide Activity Centre, taking the first steps on their international adventures.

The afternoon started with a simple team building activity. Raft building enabled girls that hadn't met an opportunity to get to know each other in a practical way. The rafts stayed in one piece but not everyone stayed dry!

Meal preparation followed. International camps often involve being given a package of food each day. The great joy is not knowing what you are getting, not always being able to read the instructions and not always being sure if you have prepared it correctly. My greatest memory is from my International Camp in Taiwan where we received a whole chicken (imagine the yellow pet toy style chicken) complete with head, legs and feathers. Our Guides had placed it on the table and were debating what to do next. The chicken made a break for it, I recall turning around and just seeing the chicken rolling down the table! A memory that still to this day makes me smile.

Meal preparation at our international opportunity event wasn't quite as extreme, avocado with grilled houmous and sliced tomatoes on a bed of rye bread was a somewhat new invention however.

Guides and Rangers who attended the event have been offered the opportunity to attend the Anglia Region International Opportunities weekend where they will be able to put themselves forward for adventures in Romania, Canada, and Cyprus. Other members have been chosen to attend the European Jamboree as part of the Norfolk patrol.

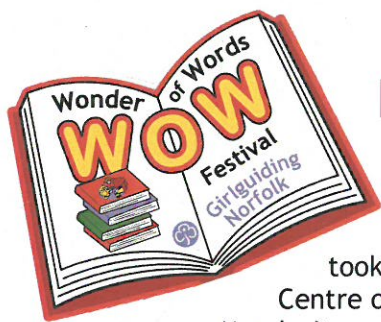
How can you get involved?

The European Jamboree is taking place from the 27th July - 6th August 2020 in Gdansk, Poland. Norfolk has spaces in the Anglia contingent and we would encourage Guide and Ranger leaders to share this amazing opportunity with their members.

The costs for the event are in the region of £1300 and participants (who need to be 14-18 years at the time of the event) will be encouraged to fundraise this amount.

Please contact Susan Newton
international@girlguidingnorfolk.org.uk
to register your interest.





Rainbows & Brownies at the 'Wow' Festival

The WoW (Wonder of Words) Festival for Rainbows and Brownies took place at the John Innes Centre on a Saturday in late March. It was attended by 200 Rainbows and their leaders in the morning and 250 Brownies and their leaders in the afternoon.

The Rainbows enjoyed a range of sessions including Chris Rondel, who held them all spellbound in the Auditorium with his excellent story telling.

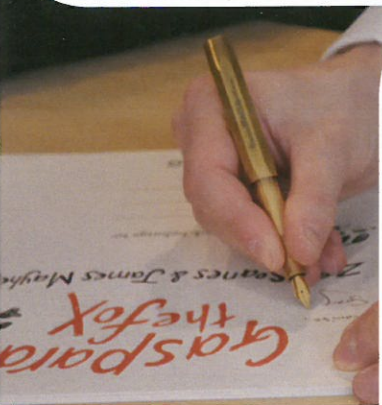
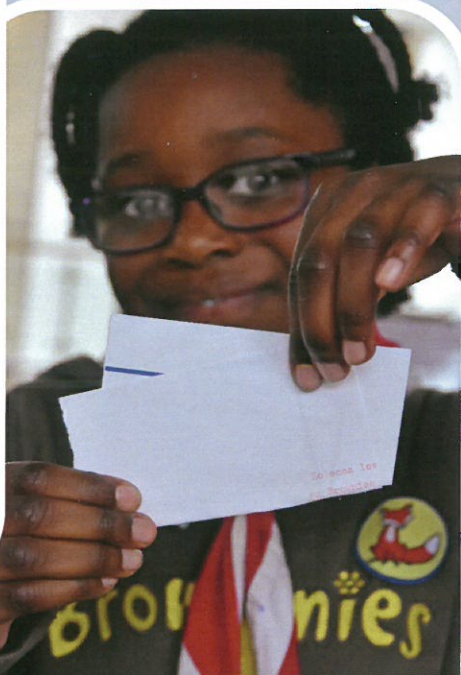
Other sessions were led by Norfolk Library, Dr Mandy Hartley who ran very interactive science sessions on DNA, local authors Brenda Gosling and Sally Adams and the ARC team. Norfolk Children's Book Centre had a great display of books for the girls to look at and buy if they wished, but the hit activity of the day was the Book Swap Table.

In the afternoon the Brownies were entertained by Zeb Soanes and James Mayhew who together have written and illustrated a lovely children's book - Gaspard the Fox. Zeb read some of the story to the Brownies which was also displayed on the big screen and then James talked about how he sets about illustrating a book and he demonstrated by drawing Gaspard the fox while he talked!

Rainbows and Brownies also had the chance to contribute to a story wall, examine artefacts from WWI, design bookmarks, meet some of the County Vice Presidents and hear about their favourite books, learn the art of old fashioned type writing and enjoy some 'Guiding books Mum and Granny used to read'.

One Rainbow was overheard to say 'I loved it. Can I come again tomorrow?' I think we can call that a successful event!

Norfolk's Guides and Rangers get their chance to attend WoW in September.



Our Competition Winners

Prior to the Festival we ran a competition for girls to write a poem or story on the theme of Rainbows or Brownies. There were three winners in each age group and one highly commended. All winners received a book as their prize and a WoW certificate. Well done!

Rainbow Winners

1st Place: Naomi Jones, 43rd Saxlingham Nethergate
2nd Place: Lily Hatton, 3rd Oulton Rainbows
3rd Place: Erin Lawler, 1st Thetford Rainbows
Commended: Trixie Bampton, 1st Thetford Rainbows



Brownie Winners

1st Place: Megan Margrie, 1st Garboldisham Brownies
2nd Place: Maisie Mcreynolds, 1st Suffield Park Brownies
3rd Place: Poppy Mann, 1st Attleborough Brownies
Commended: Abigail Gatward, 1st Garboldisham Brownies



Toftwood Brownies hold a Wedding Shower

1st Toftwood Brownies were thrilled to receive invitations through the post inviting them to a special wedding themed activity day celebrating the upcoming wedding of one of their leaders, Appley Daply.

On arrival, everyone was given 'Bride squad' badges and flower girl hair bands before making tissue paper flowers to decorate the wedding reception venue. Brownies then decorated wedding themed cupcakes which they ate along with a buffet lunch and designed their own 3-tiered wedding cakes.

Next, they decorated tea light centre pieces with hessian ribbon and raffia. Brownies were then split into

groups and were challenged to create a wedding dress out of toilet roll, with one girl acting as the bride. There were some very interesting designs!

Appley Daply asked each girl to design a triangle of bunting which will decorate the wedding venue. Brownies created a special tree of fingerprints to present to Appley Daply as a memento for the day.

Brownies means a lot to Appley Daply and it was wonderful that they could all share the special day with her.

Katie Theobald, 1st Toftwood Brownies



Meet our new Vice President

Girlguiding Norfolk is thrilled to announce that Marlene Thompson has agreed to take on a role of Vice President for the county.

Marlene has been involved in guiding since 1941 when she joined 16th Norwich as a Brownie before moving on to the Guides in 1945. At age 18, Marlene took over the running of the Guide Company and in 1953 she took over the running of the 16th Norwich Brownies. After getting married and moving to the south of the city Marlene's guiding life was predominantly spent with 23rd Norwich Guides based at St. Alban's Church but her roles included volunteering with all sections and being a District Commissioner.

After retiring from being an active leader Marlene is still very much an active volunteer with the Trefoil Guild, the Millefleur Gardening group at Patteson Lodge and Pull's Ferry to where Marlene contributes a lot of her amazing baking!

To mark such a long and committed contribution to guiding in Norfolk and Norwich we are so pleased to welcome Marlene as our new Vice President.



Fanfare, the magazine for Norfolk's Trefoil Guild, recently said it would be difficult to work out how many Norwich girls, from Rainbows through to Rangers, have been under Marlene's (or Mrs T's!) care.

'The Greatest Showman' residential

24 Brownies and 3 leaders from 2nd Wells Brownies enjoyed 'The Greatest Showman' sleepover in Wells! We had great fun doing shadow theatre, making our own pizzas, singing along to the songs, making sock puppets and playing traditional carnival games!

Cat Cameron, 2nd Wells Brownies



Elsewhere in the county, 38th Norwich Brownies also enjoyed a 'Greatest Showgirl' themed Brownie holiday with girls divided into groups of 'Dreams' and 'Stars'.

First activity was to decorate 'Greatest Showman' bags and start holiday diaries. Saturday included a trip to Hautbois for abseiling and grass sledging followed by making showman hats for our evening party complete with singing and marshmallow toasting. We also watched the 'Greatest Showman' DVD - too many times!

When asked their favourite part of Brownie holiday, one Brownie said "I loved seeing Butterfly's dress!"

(Butterfly's mum brought the dress thinking it would fit with the theme...)

Samantha Hubbard, 38th Norwich Brownies



Dersingham's Easter Adventure

2nd Dersingham Brownies took over the Bidwell Centre for their annual four day Brownie Pack Holiday. The 'Snow White' theme saw leaders as film characters while the sixes were named foxes, badgers and hedgehogs. The girls enjoyed crafts, activities and earned lots of badges including Holiday, Holiday Advanced, Cook, Toymaker, Seasons and Brownies Go For It.

On arrival the first job is always to decorate a craft bag which over the course of the holiday gets filled with all the different things we make. This year it was bursting at the seams with bunny ear headbands, uniquely designed jigsaws, painted dwarves, decorated plant pots complete with bulbs, a bird feeder and decorated Magic Mirrors.

The Brownies enjoyed archery with instruction from a local Brownie leader. For several of the girls this was their first go at archery and once they worked out how to load the arrows they all had a lot of fun. We also took advantage of all the outdoor space surrounding the Bidwell Centre and the sunshine to play many different games and to enjoy being outdoors.

We had a fabulous day at Oxburgh Hall. Initially the girls were split into two groups; one made dragon puppets while the others tried on Tudor costumes from Beggar to the Royal Court. They found out

how the material and decorations changed as you got richer and where your clothes were fastened showed whether you had a servant or not. Next was lunch and after sandwiches with interesting fillings (the Brownies made their own!) it was time to explore the hall with a quiz sheet before descending on the gift shop. Thankfully everyone managed to escape the Priest's Hole!

Throughout the Brownie Holiday, the girls help keep it neat and tidy. Every morning they make their bed and have inspection as well as washing and drying up after each meal. Each six take it in turns to help prepare meals and lay the tables. For those moments in between activities the girls all have a folder filled with puzzles, colouring and a diary to complete as well as a box of board games to play. The girls earn stars for their six and the six with the most stars wins a prize - it was the Badgers who won this year.

The action continues into the evening with Nights Away badges sewn onto blankets, a pyjama parade with prizes and a guest judge, bingo and on the final evening we toast marshmallows on our indoor campfire.

The final morning came and the girls enjoyed a Treasure Hunt before helping to pack and tidy

everything away. The holiday ended with thank-yous to all the leaders for their hard work and three Brownies were 'jumped over the toadstool' to Guides.

Here's to next year. We've already chatted and shared ideas; an Olympic theme perhaps...!

*Lynne Wheeler,
2nd Dersingham Brownies*



Units compete in High Altitude Dodgeball Tournament

Members of Freethorpe, South Walsham and Wroxham Guides, Hautbois Rangers, Wicklowood and Acle Guides and Hemblington Brownies joined together for an evening of fun on the trampolines at High Altitude.

The challenge... a Dodgeball tournament! We all had great fun and congratulations should go to the pink team consisting of Hemblington Brownies and Hautbois Rangers who won first place. After an active evening of tournaments, we jumped around on the trampolines to end the night and sang Happy Birthday to Abbey from Wicklowood Guides.

1st Freethorpe Guide leaders were presented with a special High Altitude sleepover badge as a thank you for supporting High Altitude with the first ever sleepover last year! We are now looking forward to our sleepover on the trampolines later in the year! If you're interested in a fun, active evening we highly recommend Dodgeball at High Altitude!

Poppy George, 1st Freethorpe Guides



GGN at the Spring Fling

Once again Girlguiding Norfolk volunteers had a ball at the Spring Fling!

Activities had to be based around Food and Farming so we scoured the new programme resources so that we could introduce them to the young visitors to our stand.

A great hit was the Brownie Unit Meeting Activity 'Guiding in a Bubble.' If you haven't tried it, give it a go, it went down well with all ages - including adults.

From the Rainbow resources, we did 'Trick and Turn'. This involved making a pencil topper, in our case a farm animal sticker needing a home!

Edible Architecture, a Stage 2 Innovate Skills Builder, was also popular, using - and reusing - and reusing, bits of vegetable to make structures with and without support.

Finally, for those a little older, we adapted the Guide UMA 'Packaging Puzzle' and Susanne cleverly created a Sudoku type

puzzle using different logos found on food products.

Of course, we also had a great display using some of the newly acquired recruitment materials and a few freebies to hand out courtesy of Anglia.

What a busy day and as well as giving out lots of information about guiding, we managed to recruit a Brownie leader who has moved to Norfolk and is now attached to a unit in Smithdon and Brothcross District!



Brownies on Adventurous Holiday

6th Sprowston Brownies enjoyed their Brownie Holiday at Patteson Lodge, which included a great afternoon at the Hautbois Open Day. The girls experienced crate stacking, climbing, abseiling, kayaking, paddle boarding, archery and grass sledging. There was also the opportunity for them to visit the ARC display, be giant Sumo wrestlers, go on a bouncy slide, have their hair braided and of course have an ice cream.

It was a fantastic afternoon and by the time tea was over and we played a couple of games and had an indoor campfire the girls were well and truly ready for bed.

*Karen Goldsworthy,
6th Sprowston Brownies*

Guides Present their Pets

2nd Mulbarton Guides held a Pet Night at their HQ. The Guides were invited to bring along their pets and give a short talk about their care and diet. We welcomed dogs, cats, guinea pigs, a rabbit, tortoise and even a bearded dragon!

Pam Tancock, 2nd Mulbarton Guides



Crazy for Golf

4th Norwich Rainbows enjoyed a recent trip to Eaton Park's Crazy Golf course. We were lucky to have the course to ourselves so spread out over the holes to get everyone playing. Just as well as some holes took 12 strokes to complete - now that's value for money!

We had a lovely time, check out www.eatonparkcrazygolf.co.uk

It's well worth a visit!

*Claire Everson,
4th Norwich Rainbows*



Final Prep for Mexico

In the Summer of 2019 I will be leading 9 girls with 2 other leaders to Mexico for 2 weeks. Whilst we're out there we will be visiting Mexico City, Acapulco and Our Cabana which is one of the 5 Girl Guiding world centres. We will be taking part in the 'Summer Friendship' event at Our Cabana and this will include working on a service project. Recently the group came together to plan the rest of the trip whilst also organising a litter pick around Norwich's inner ring road to raise some funds.

Marion Bryant, 34th Norwich Guides



Rainbows Take Action

This term Drayton and Thorpe Marriott Rainbows are completing the Take Action theme involving thinking about how people in our community look after us e.g. teachers, nurses, policemen and our own lollipop lady. Also, we looked at different charities and decided to support Guide Dogs by organising a fundraising tea party with book stall and tombola. We raised an amazing £163.60 which we presented to Karen Norton and Guide Dog Holly when they came to visit. We invited Karen and Holly to our meeting to give us an insight into the help Holly gives Karen with everyday activities. Karen also told us how the money we had raised could be used to support other Guide Dogs, to provide food, a collar and lead or bedding. Holly was so friendly and gentle with all the Rainbows and they had a lovely time meeting her.

A big Thank You to Karen and Holly for spending time with us and explaining all the good work Guide Dogs do to help change lives. Also Thank You to everyone who came along to support our tea party.

Jane Dennis, 1st Thorpe Marriott Rainbows

